

SCUTTLEBUTT



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September 2010 Fifty Point Yacht Club

2010 Issue # 9

Best of Times at the Bluffs



Fifty Point Members were wonderfully welcomed at Cathedral Bluffs Yacht Club



The CBYC Clubhouse is one of the most picturesque on the lake



CBYC Commodore Dennis Heffron welcomes FPYC Commodore Paul Pelletier

FPYC EXECUTIVE 2010

www.fpyc.ca



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If you would like to volunteer in any area please e-mail the director and let him or her know. The board is a small group and your participation in any way will be appreciated.

FROM THE HELM



During August our Club season reached its peak activity level. Our flotilla cruisers had excellent outings to both CBYC and LSYC for the Commodore's Cruise. The FPYC racers were also very active; our racers put in a tremendous performance at the 2010 Lakeshore 300 Race and we

most recently hosted a very successful renewal of the Peaches 'N PHRF Regatta at Fifty Point. In this issue you will find an inspirational synopsis of all of these events. Having participated in many of these events I can tell you that our members are enthusiastic boaters and display a great sense of sportsmanship in all that they do. The planning and organizing of these events takes a tremendous amount of effort.

To keep our Club operations at this level we will be requiring some new Board members for next year.

The next major event on our horizon is the Commodore's Ball on Saturday, 18th September at the **Best Western Beacon Harbourside**. Please see the details contained on page 6 and make your plans soon.

Best Wishes,

Paul Pelletier Commodore - FPYC



www.thestoremasons.com

Scuttlebutt

VOLLEYBALL

At the annual "Boaters vs. Staff" Volleyball game this year the Staff, for the first time, conquered the boaters. Some boaters moaned that the late hour for the game put them at a disadvantage - something about the sun being over the yardarm...



We understand Nancy is up for the "Good Sport" award!









Business Cards, Letterhead, Envelopes, Flyers, Brochures, Labels,



ATTENTION ON DECK FPYC IS LOOKING FOR NEW BOARD MEMBERS

In this photo we have captured Marty Tickle, our FPYC Cruise Director, displaying many of the characteristics of a typical Board member. Here he is seen working his way through another peak workload period. In one hand he has a paint brush and is busily applying varnish to his boat. In the other hand he has his cell phone working out a good deal on steaks for an upcoming Club event and haggling to get something else thrown in for our members' benefit. As the Commodore approaches to get an up-

date on planning progress, he greets him with his warm and friendly smile. The Commodore asks innocently "Hi Marty, what are you up to?". To which Marty replies, "Not much, how about a beer".

Even with a lot on the go, our Board members will usually be the first to join in and enjoy some fun. They have a great affinity for the Club and truly enjoy contributing to its success, but, they can't continue to do it without your help. Marty could use a new Board member to help organize cruises and coordinate other efforts on our Club's behalf. We will also be needing people for Social and various other Board positions. In the near future we will be calling for nominees for our vacant Board positions. We know that there are lots

In the near future we will be calling for nominees for our vacant Board positions. We know that there are lots of talented folks like Marty in our ranks and we would like to have you join our team. Paul Pelletier. Commodore



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SEE YOUAT THE POND

The radio controlled sailing group has had a wonderful season so far with as many as seven boats in the water at one time!

Gene Lambert has been the most consistent, both in racing results and in attendance. Gene manages to keep up with, and often beat, the much more experienced big boat racers in the fleet.

We are already planning a building group for January so give it some thought and let me know if you would like to participate. And, in the meantime, drop by the pond on Thursday evenings - we always have a spare boat you can sail. No experience necessary!

Paul Charles - pcharles @lara.on.ca







After over 10 years of absence, Fifty Point Yacht Club sailed back onto the Lake Ontario regatta scene as it hosted the first annual revival of the Peaches 'n PHRF Regatta. Twenty boats from six different clubs and over 120 people joined us on August 28th to take part in three races, a hearty steak dinner complete with peach sundaes and a live band rounding out the evening.

This event would not have been possible without the unwavering volunteer support from FPYC members. Whether it was

participating in a first time regatta, actively recruiting boats, serving on the race committee, canvassing sponsorship support, selling tickets, setting up the BBQ and cooking all the food – the volunteerism and friendly spirit in Fifty Point Yacht Club Members is what representatives from other yachting clubs will take back and share. **Results:**

Non Flying Sail 1

- 1. Wild Thing Tamed (Oakville)
- 2. F. W. Price (HBCN)
- 3. Fly N Low (FPYC)
- 4. Blue Note (RHYC)

Flying Sail 1

- 1. Xtra Xtra (BHYC)
- 2. Renaissance (BHYC)
- 3. Ragtime (FPYC)
- 4. Uncorked (FPYC)

Non Flying Sail 2

- 1. Blown Away (RHYC)
- 2. Minx (RHYC)
- 3. Between the Sheets (OYS)
- 4. Andromeda (HBCN)
- 5. Wound Up (HBCN)
- 6. Zephyr (FPYC)
- 7. Cool Change (FPYC)

Flying Sail 2

- 1. Wizard (BS&BC)
- 2. 1-800 (OYS)
- 3. Wind's Whisper (FPYC)
- 4. Baccarat (BHYC)
- 5. Platypus (FPYC)

Visit the Regatta's website for more pictures!

http://www.peachesnphrf.ca/Gallery.html













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CRUISERS ARRIVE FROM STORMONT YACHT CLUB

The next question is, "Where the heck is Stormont?" As the crow flies it is 550 km from Fifty Point but by sailboat it is a lot farther than that! It is located in Long Sault, Ontario which is just west of Cornwall.



Bob Dumont (left in photo) and Mike Bickerstaffe sailed into Fifty Point on August 14th making Fifty Point their westernmost port so far on their six week cruise.

Bob and Mike are the best of friends but, like Les Armstrong and Hugh McCully, that doesn't mean they can share a boat so they single hand together, one in a Mirage 29 and the other in a Bayfield 29.

Bob told me that it took twenty hours to get from Stormont to Kingston although it will be a faster ride back due to the current. They travelled the south shore of Lake Ontario and plan to do the north shore on their return journey.

FPYC presents

2010 Commodore's Ball

Saturday, September 18, 2010 Best Western Beacon Harbourside

Jordan, Ontario www.bwbeacon.com

Cocktails - 6:30 pm Dinner - 7:00 pm

Tickets - \$60.00 per person

Tickets can be purchased from the Executive. There will be a limited number of tickets available for sale this year so please be sure to get yours early to avoid disappointment.

- You can go there by boat! Yes, the Beacon Harbourside will have some slips available so you can stay on your boat and enjoy the party without the bother of driving home.
- An added attraction is that the Beacon is a Best Western Hotel so, if you wish, you
 can stay at the hotel. We are working on special "Commodore's Guest Rates".
- The Ball will be in the newly renovated Private Dining Room that offers a spectacular view of Lake Ontario.
- Combine that with a great meal, the company of wonderful friends and music to dance the night away and you've got all it takes for an excellent wrap up to another boating season.



TWELVE BOATS TO THE BLUFFS NANCY VERBUNT

The long weekend in August proved to be a great weekend for the 12 boats who ventured out to Scarborough Bluff's for a 2 day cruise. There was little wind on Saturday so, for the most part, it was a 6-7 hour power boat day. On a positive note, at least there were no flies! The weather Gods co-operated only with those who left one day early and were able to get a great sail to the Bluffs. After settling in on Saturday, about 30 of us enjoyed a great "pot luck" buffet under the front awning of the club with an amazing assortment of dishes. Sunday was another hot sunny day and after hiking, kayaking and generally loafing around, we once again gathered for pot-luck hors d'oeuvres that could have been and probably was dinner to some. Some of the members supported CBYC and enjoyed their dinner at the clubhouse while others enjoyed their own BBQ's followed by an impromptu get together for cocktails.

Monday proved to be a test of navigating skills for those who left early as dense fog had settled in around the bluffs. Thankfully there were a couple of boats equipped with radar that guided everyone home safely.

All in all, a great time was had by everyone who attended and we look forward to a return visit next year.



A COOLER?

If you would like to keep your cooler or fridge cooler why not try a large folded sheet of bubble wrap on top of all the food? It will keep the cold down where it should be and provide a top section above the wrap for some of those tender vegetables and breads that don't need to be next to the icy parts. And resist the temptation to idly squeeze those

those bubbles - it work if they are bro-

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OIL CHANGE MADE EA

I used to use a small brass pump to remove the oil from our Volvo Penta MD 7A and it invariably meant spilled oil in the boat and perhaps a burnt hand since everyone tells me to warm up the engine before I change the oil.

Then I discovered this vacuum pump from Lee Valley in Burlington. It looks like a garden sprayer but it is set up in the other direction so you just place the small tube in the dipstick hole and pump. The oil will flow easily and beyond your touch! When you get home simply pour it into containers to take for recycling and rinse it by pumping a very small amount of Varsol through it and you are ready for your next change.

Oil changes will be more frequent if they are easy.



B. Hand-Operated Vacuum Pump Ideal for use with lawnmowers and s

Ideal for use with lawnmowers and snow blowers, this hand-operated vacuum pump makes oil removal quick and clean. Simply insert the polyurethane tube into the oil reservoir and pump the handle five to ten times to create a vacuum that will transfer liquid into the 1.5 gallon (5.7 litre) sealed container. Once finished, lock the handle in place for transport to the nearest recycling facility. To dispose of the oil, simply unscrew the collar, remove the handle and pour. (Not recommended for use with gasoline.) Made of high-density polyethylene plastic with Viton® seals, the 261/2" tall unit has an 81/2" diameter base. It is a handy tool for a variety of applications, including draining water from traps and toilets when winterizing a summer place. AG710 Vacuum Pump



9

LETTERS. WE GET LETTERS...

Hello Paul,

The ad in the Scuttlebutt for our Catalina 30," The Happy Gang," can now be deleted, It has been sold and hopefully the new owners will see fit to join FPYC. This is the second time someone saw the ad for our boat in the Scuttlebutt which resulted in a sale.

Once again thanks for allowing us to advertise in the Scuttlebutt.

Bob and Pat Disher

FPYC,

Thank you very much for hosting a first class regatta this past weekend. The crew of 1-800 is looking forward to next year's event. Congratulations to the team that put Peaches 'n PHRF back on the Lake Ontario Regatta schedule.

Please let me know when you have posted the results on your web site. Thanks again.

Alison Jones
Burlington



The Story Continues

Last year was a tough one for the boating community. The recession had a negative impact on the price of boats and the poor weather certainly affected the boating season.

That is all behind us now and we are navigating a new course where the boat market is definitely improving.

We are pleased to announce that Harbour Yachts is now the Eastern Distributor for Lopolight Navigation lights. For more information on Lopolight please visit our web site at www.harbouryachts.ca



At Harbour Yachts brokerage remains our primary focus and it would be a privilege to work with Fifty Point Yacht Club members.

John Haynes Ron Smith john@harbouryachts.ca ron@harbouryachts.ca

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LAKE ONTARIO 300 STARTS OFF WITH A BANG

The "Greatest Yacht Race on the Lakes" didn't disappoint this year with both a record number of boats entered and some of the wildest conditions seen. The annual 300 nautical mile race around Lake Ontario delivered its share of excitement and challenges. Shortly after the start, a series of line squalls with gusts measuring in excess of 60kts came through the 178 boat fleet causing extensive damage to sails, rigging and even capsizing one of the multihull boats in the fleet. Sixty boats retired from the race at this point. Thankfully the boats with Fifty Point Yacht Club members aboard were able to avoid injury and serious damage and continue on with the race. Conditions settled down from there with the balance of the race being fought in more moderate winds with some areas of the course seeing no wind at all. In all, our club was represented on three of the boats entered, securing two first place divisional wins and one divisional second place finish.



FPYC members who competed included Dave Goede, Dennis Angle, Walter Schoppmann, Randy St. Jacques, Ken l'Anson and Mike Vandervaart. All of our members completed without injury or severe damage to boats.



THE GREATEST YACHT RACE ON THE LAKE MIKE VANDERVAART & ANGELA FISCHER

The Lake Ontario 300, known as "The Greatest Yacht Race on the Lakes", is 300 nautical miles starting at Port Credit Yacht Club and covering a non stop circumnavigation of Lake Ontario. The first course mark is Gibraltar, off Toronto Island, and then it's around Main Duck Island, south to Ford Shoal, across to Niagara and back to Port Credit. Typically this route takes a competitor three days and each qualifier must comply with Off Shore Racing requirements which include an extensive safety checklist and equipment upgrades.

2010 was the Twentieth Anniversary of the LO 300, and boasted 195 competitors at the start line. Yachts can race in either the new Modified White Sail – 300 kilometer course, or the traditional Spinnaker 300 NM course. There are two main division categories for each course – double handed, and fully crewed. Ragtime, a 1984 C&C 35 has raced four times in the double handed division, with only Skipper Michael VanderVaart and co-skipper John Mills as crew, and has raced twice in the fully

crewed division. For the 2010 race, Ken l'Anson, skipper of Uncorked and Randy St. Jacques skipper of Scrubs joined Ragtime's crew.

Friday night before the event, racers gather for the Skippers' Meeting. At this time Sailing Instructions and transponders are handed out. The transponders allow worried family and friends to track the race on line. A weather expert does a presentation on what we can expect for the next three days. This information is often accurate and should have been enough warning in 2010 to make us think twice, but like true racers, we headed off to the pre-race party.

Saturday, July 18 Port Credit Yacht Club was buzzing with excitement and full with all of the competing yachts. Sperry Shoes sponsored a great hot break-



fast. Skippers then commenced moving 195 boats, off of their rafts and docks out to the start line. This was a logistical feat in itself. The race started at 1100 hours, with severe thunderstorms accurately forecasted. The start is a true sailing spectacle, 195 boats all racing towards the Gibraltar Mark off Toronto Island. Ragtime had a great spinnaker run past Gibraltar then the clear sign of trouble was catching up from behind – a huge thunder cell. We had a brief crew meeting and decided to take down the spinnaker immediately. We got it down seconds before the first 40 knot line squall hit. Many boats sailing near us were not quick enough, and we could see their sails in shreds. Twenty minutes later the wind settled to a steady 18 knots. Back up went the kite. One hour later the weather situation warranted a repeat crew meeting, down came the kite just in time to avoid the 65+ knot line squall from behind, accompanied by 2 cm hail. Many boats were damaged during this weather event. Channel 16 was jammed with distress calls. One multi-hull yacht flipped, the four sailors were rescued from the water by the Coast Guard. One boat lost its rig, many others suffered broken booms and torn sails. Approximately 33 yachts retired from the race at this point, only six hours into the race. Ragtime lost her mainsail battens during the squall. They all shot out of their

(Continued on page 13)

10 SECRETS TO A GOOD NIGHT'S SLEEP

A good night's sleep: does it sound like an impossibility? It has been reported that 40 per cent of adults slept fewer than seven hours a night – below the recommended seven to nine hours. Here are 10 ways to help you wake up feeling rested.

Do breathing exercises. Dr. Eva Libman, a sleep researcher at McGill University in Montreal, recommends breathing deeply while counting to 10; that is, in for the first count, out for the second until you reach 10. Do the same counting backward. Repeat until you're relaxed.



Write down your thoughts. A swirling mind can keep anyone up into the wee hours. Keeping a journal will help you feel more in control of your life and help you to relax.

Create a bedtime ritual. Rituals are personal and can include anything from reading to watching TV. Don't limit what you can do before bed, cautions Libman; if working on your computer or watching TV relaxes you, make that your bedtime ritual.

Retire and wake up at the same time every day. This routine helps you fall asleep more easily and more quickly. It also trains your body to be more alert in the morning – a win-win situation since this alertness will last throughout the day and result in a deeper sleep the next night.

Dust your bedroom. Bedding, drapes and carpets are all home to dust that can aggravate allergies, which are sure to keep you awake. Avoid stacking magazines on bedside tables since they gather dust, but add houseplants and air purifiers, which help keep air clean.

Exercise early in the afternoon. Your body heats up during exercise, and the subsequent cooling process, which takes several hours, helps induce sleepiness at bedtime.

Keep the temperature and amount of light in your bedroom at your comfort level. This helps you relax during bedtime.

Listen to talk radio. "In order to interrupt what's going on inside your head, you should listen to talking, not music," says Libman, adding that books on tape are another talk source.

Experiment with aromatherapy. Smell is the strongest of the senses and can be used as a sleep aid. Lavender is a popular herbal sleep aid.

Take naps. But avoid them after 4 p.m. or they could reduce the quality of your sleep.

Night, night...

(Continued from page 12)

pockets and flew about 100 feet behind the boat, into the lake, never to be seen again. Fifteen minutes later, it was all over and we were sailing down the lake at a comfortable speed. Back up went the kite. We had a great spinnaker run to Main Duck, and avoided the third storm that hit off of Cobourg and caught many of our competitors in the dark and off guard. With the help of the light of the next day, we jury rigged our batten problem, using a mop handle and parts from a spinnaker bag. The rest of the race consisted of bouts of wind, no wind, rain, and darkness, but was thankfully rather uneventful. The irony of the 2010 race had us starting with extreme winds and finishing with very light air. It took us three hours to sail the last four miles back to Port Credit! Ragtime finished first in her division and sixth overall in the Fully Crewed PHRF Spinnaker Fleet of 72 Boats. Many thanks to her crew.

Scuttlebutt



As most of you know GAMRU is not funded by government departments and must raise money at all times to cover the costs of equipment, materials and fuel.

One of the fundraisers we started last year is the community draw and it is presently running in

high gear. Our members are at RONA lumber store here in Grimsby to sell tickets for the draw.

First prize is \$1000, Second Prize is \$600 and Third prize is \$400.

Tickets are \$10 dollars each or 3 for \$25 dollars. The draw will be held at the Grimsby Pumphouse on Nov 14th at 6Pm.

Please support GAMRU and come see us when you shop at RONA.

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Back row: Dave Lindo, Rob Lindo, Joe D'Aurizio, CMA, CFP®; Christina Lovett.

(Financial Advisor)



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SQUEAKY DOCK LINES

At one time or another each of us has been awakened on board by the rhythmic squeaking of dock lines as the wind moves the boat just enough to stretch the lines through the chocks. It seems the noise is amplified when you are inside the boat and, of course, everything is louder at 3 in the morning!

We have found that a small squirt of hand soap or dish detergent applied to the line at the spot where it rubs the chock will eliminate the noise all night and the soap will simply rinse out in the next rain.

Do you have any boating tips to share? Send them to <u>pcharles@lara.on.ca</u> and we'll see they are shared.

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2010 FPYC PHOTO CONTEST IS ALMOST OVER!

It's getting closer to that time of the year again and we're extending the deadline for Photo Contest submissions to midnight, September 6th! Winners will be selected by private ballot voting by a panel of esteemed judges - your FPYC Board of Directors.

Please send all your submissions to Joanna Suan (<u>jcsuan@gmail.com</u>), or photos may be placed on a CD or DVD for an arranged meeting.

A reminder again about the general guidelines:

Contest is open to FPYC members only

Photo must be of nautical nature or themed

Digital photos must be a minimum of 2000 x 1500 pixels

To ensure your photos are the best they can be, make sure your camera setting for the "image size" is set to the highest resolution possible. On most cameras this would be seen as "L"

Thanks again to our generous sponsor, Harbour Yachts. We'll be offering prizes to our top 3 winners, who will be announced at the Commodore's Ball later this fall.

You've got less than one week left, get your photos in!!

Some examples of this year's entries:









LAKESHORE, HERE WE COME OR STEAK BY THE LAKE

On a cloudy Saturday in August, twelve boats braved the heaving lake and were rewarded with a fun-filled afternoon and evening at Lakeshore Yacht Club. This club has it all – great docks, stunning outdoor furniture on a large patio, beautiful, well-tended gardens, a huge common room and top-notch washrooms and showers.

Marty and family brought a yummy array of cheeses and crackers for the cocktail hour, which we all enjoyed in the clubhouse.

Then the corn shuckers got to work & prepared dozens of golden cobs ready to be cooked. The barbecue chefs did a fine job, grilling succulent steaks. Add to that a wide array of salads and desserts and the sum total is a grand meal.

Toby the dog and Azzi the cat joined a jolly group of boaters in having one fine time!



NEWS FROM SMUGGLER'S COVE

If you've never been to Smuggler's Cove yacht Club then you should go - it is an experience that you'll enjoy and remember. Floating in the Niagara River Smuggler's is a self help club with some of the friendliest people on the lake. The slips are set up such that you tie up on both sides and you'll need good lines as the jet boats kick up a wake on the weekends but the serenity of a weekday afternoon is fabulous. If you have been to Smuggler's then you already know this. But did you hear about the new washroom building? Just finished for this season the new building houses two washrooms and a luxurious shower room. Visit. You'll have a great time.





(enter FPYC in the coupon code when you order online)







FREE SAMPLES WORK

When you attended Spring Splash in April you had the opportunity to pick up a free sample of a product supplied by Bill Milne of **Natural Marine** at www.alexmilne.com. A few people questioned the placement of a head deodorizer on the dinner table but, "What the Heck?", it was free.

So, here we are well into the boating season and I have to tell you

about that free sample. The reason is that it worked. That's it, it worked, and it worked better than any other product I have used in the sixteen years we have been sailing Chateau Newf. I followed the instructions reasonably well and we found that we had absolutely no odour from the head or from the holding tank locker or vent. And a bonus is that the liquid is clear so it won't stain if you spill any.

The product is Canndure Odour Check and it sells for about \$20 for a litre at most chandleries. around here. The instructions say to add 30 ml (1 oz) per 20 litres (5 gal) of holding tank capacity after each pump out and add more as necessary (I hate to think what makes that necessary) but I found that did the job. Our 250 ml sample container easily lasted the season. I have never used these pages to plug a product before but I can assure you this one works and I thank Bill for introducing it to us.



Fall Haul-Out Planning

Some small maintenance things done, prior to fall Haul-Out, will make 2011 launch so much easier

Teak

Good teak is now very scarce globally. The traditional teak forests are fast disappearing. It is wise to look after your existing internal and external teak. Our Canadian winters are very dry. Most do not realize that teak will deteriorate in storage. The best advice is to top up the natural teak oil and apply at least one coat to all your teak just prior to putting the boat to bed.

Teak and other exotic natural woods can all be treated. The wood will tell you when it has had enough applied. It will just quit absorbing. At that point wipe excess with soft dry cloth and you are ready for next year.

When we make the Natural Marine Ultra Teak Oil, #6042, we begin with tung oil as most competitors do, but then we add 4 natural wood oils, a UV screen and a water proofer. Nothing else like it. One 500ml bottle will last for many seasons.

Note: If your wood has been varnished, it is sealed and will not accept teak oil.

50% of our product is sold for the home and cottage teak market. At home, again, top up your teak with one coat annually to help preserve that great textured teak look and extend the great

"Shock Treat" Your Head

life of your furniture.

On one of the last boating runs of the season add entire bottle of Head-O-Matic Shock Treat #4025 into your marine head. This will slosh about and whistle dean the holding tank, walls ceilings and hoses, helping to give a complete last pump-out and fresh head in the spring. "May help save a marriage!"



Battery Storage

Again on one of your next trips out on the lake, prior to Haul-Out: Add 1 oz of Battery Equaliser #4826 to each battery cell. As the battery is used or charged this water based product reverses the sulphation process that chokes of and kills batteries. The more you work the battery the better it gets. **Expect up to double the battery life!** Treated and run batteries will store better over the long winter months. Instead of loosing 10% charge per month, they will only loose about 3%. It is always wise to top up and fully charge batteries prior to storage and do recharge mid winter. Store in a cool, dry, ventilated environment (basement) on an acid proof rubber mat. Recharge again in spring and those puppies are ready to run a long time.

Available locally: 50 Point marina, Dowsar Marine Supplies, Mason's Chandlery

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TEAK OIL

PEACHES 'N PHRF SPONSORS

Fifty Point Yacht Club, the FPYC Race Committee and all the racers would like to thank the following sponsors who contributed so generously to make the regatta the success it was.

We encourage you to support these sponsors and thank them personally.

















































FROM THE GALLEY BRIAN & RUBY WEBER

BRUSCHETTA 'N CHEESE STUFFED-CHICKEN BREASTS

What you need:

1 can (19 fl oz/540 ml) diced tomatoes with garlic and olive oil, drained

1-1/4 cups Kraft Mozzarella Shredded Cheese, divided ¼ cup chopped fresh basil

1 pkg. (120g) Stove Top Stuffing Mix for Chicken

8 small boneless skinless chicken breasts

1/3 cup Kraft Signature Roasted Red Pepper with Parmesan Dressing



MIX tomatoes, $\frac{1}{2}$ cup cheese and basil in medium bowl. Add stuffing mix; stir just until moistened. PLACE 2 chicken breasts in large freezer-weight resealable plastic bag. Pound with meat mallet or side of a heavy can until chicken is $\frac{1}{4}$ inch thick. Remove from bag; place top-sides down on cutting board. Repeat with remaining chicken. Spread chicken with stuffing mixture. Starting at one narrow end, tightly roll up each breast. Seam-side down, in 13 x 9 inch baking dish. Drizzle with dressing.

BAKE 40 minutes or until chicken is done. Sprinkle with remaining cheese; bake 5 minutes or until melted.

GALLEY STORAGE

PAUL CHARLES

Our 28 ft. Edel 820 has served us well for sixteen seasons and one of the reasons it has done so is that we have figured out a few simple modifications to make more things work in a small space. One of the first things we noticed once we took possession of the boat was that the cooler was enlarged but at the cost of a galley drawer. Great, but now where do we put the cutlery? I found a small cutlery tray (the kind you put IN a drawer) and made two rails for it to ride on once they were installed on the underside of the table. A strap with toggle was then added to keep the tray from falling out and there is the new drawer right at the table.



