



# Scuttlebutt



November 2022

**FIFTY POINT** [www.fpyc.ca](http://www.fpyc.ca)  
YACHT CLUB

2022 Issue #11



11th Place Photo by Don Wood  
Kayak Paddle

*scut-tle-butt* 1 a: a cask on shipboard to contain fresh water for a day's use b: a drinking fountain on a ship or at a marine installation

# FPYC Executive 2022



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# Message from FPYC Board of Directors



It is hard to believe that November has arrived already - where did the summer go?! We hope everyone had an amazing summer and were able to venture out to other yacht clubs! The marina is bustling these days with lift outs and preparing boats for the winter. Before we know it, Spring will arrive and we will be back on the water!

Looking forward to the Annual Meeting (November 27), one of the agenda items will be elections to the Board of Directors for the two year term starting in November 2022. New for the next term is the category "Junior". FPYC members who are 18 - 21 years of age can volunteer for a Junior Board position. It will provide a great opportunity for younger boaters to develop their teamwork and leadership skills and gain new experiences. Junior Directors could potentially be future Commodores!

Many thanks to the following FPYC members who have accepted nominations:

Phil Kling	Treasurer
Ben Douglas	Cruising
John Robinson	Membership
Sam Vincent	Jr. Membership (New Category)

Thank you to the following Board members who have volunteered to extend their term of office and have accepted nominations:

Steve Burgin*	Commodore
Tom Dunmore**	Past Commodore
Jessie Holst Vincent*	Secretary
Paula Burgin	Communications
Donna Shepherd	Director at Large (Merchandise)
Art Veldhuizen	Membership

\* Thank you to Steve (Secretary) and Jessie (Treasurer) for accepting nominations for new positions!

\*\*Thank you also to Tom for stepping up as interim Commodore in September (as well as maintaining his Social Director role), and for carrying on as Past Commodore in the next term!

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## Scuttlebutt

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Positions still required for the next two year term are:

Vice-Commodore - 1

Cruising - 1

Social - 2

If you are interested in volunteering, please email [info@fpyc.ca](mailto:info@fpyc.ca) or contact any current Board member. Board members have a great opportunity to meet fellow boaters, contribute to Fifty Point Yacht Club and have fun along the way!

In accordance with the FPYC Constitution, nominations will be accepted from the membership up to fourteen days prior to the Annual Meeting (November 13). A list of all nominees and the office to which they have been nominated will be sent electronically to all members eligible to vote for these offices seven days prior to the Annual Meeting (November 20).

**THANK YOU AGAIN TO EVERYONE WHO HAS ACCEPTED NOMINATIONS!**

**FOUR POSITIONS TO GO!**

**THANK YOU FOR CONSIDERING A POSITION ON THE BOARD!**



## *Scuttlebutt In Review*

- Social Report
- Boat Ejections- How to Avoid Getting 'Hooked' or 'Flipped' Out of Your Boat
- Photo Contest Time - LAST CALL!!
- November Fun
- Scuttlebutt Sponsorship
- Recipe - Apple Pie Bars

## *Social Report*

Wow, Hard to believe that we are now officially into the Fall season. As I write this it is 23 degrees C. outside. It was one terrific summer! The weather cooperated every month and it appears that it really does not want to leave us!

As we move into fall and all our boats are winterized and covered, our next Social event is the Commodores Ball.

**The Commodore's Ball is on November 5, 2022 at Galileo Gardens in Stoney Creek.**

Ticket sales have been incredible, but are not closed.

For those that have registered, please mark your calendars with the date. I am looking forward to seeing you at the Ball.

This might be my last Social article for Scuttlebutt as our Fiscal Year is coming to an end. Your Yacht Club is still in need of volunteers for a couple positions on the Board including Social. So, if you can spare a few hours throughout the season, please contact me or any of the current Board members for info.

Thanks to everyone that helped or attended our many social events this year. I sincerely hope you enjoyed them as I did.

Tom Dunmore  
Social Director FPYC



*Dance*  
*The Night Away*

# *Boat Ejections- How to Avoid Getting 'Hooked' or 'Flipped' Out of Your Boat*

Is there actually a risk of getting tossed out of your boat while cruising? Departing your boat suddenly and unexpectedly is a more common occurrence than most boaters realize. I know the procedure from first-hand experience and I can assure you -- it is not fun.

The common denominator in all boater extractions is the surprise factor. You are riding along in a boat one second and the next, you are out of the boat and skipping along on the top of the water. Any physical injury that is inflicted in the process of leaving the boat adds to your difficulty in the water.

The two most common causes of a boater ejection are a boat 'hook' and 'vertical ejection'.

A hook can occur during a turn. As a boat carves through a turn there is also a limited amount of slip. If the keel or strakes on your boat grab or catch on the water passing under it, a sharp decrease in the turning radius of your boat can occur. The sudden centrifugal force on your body, will apply violent horizontal pressure and if you are not holding on tightly it will eject you sideways and over the side of the boat.

You don't have to own a fast boat to have an unscheduled date with the water. Let's say you are driving along at between 35 and 40 mph and you make a sharper turn than normal. Your boat may 'hook' the water, rather than slide around the turn, creating a sharper turn. But your body will want to continue in a straight line. In such a hook, a 150 lb person that has been moving in one direction through a turn will have to overcome around a 100 pound directional momentum change in order to stay with the boat. Even if you are able to react instantaneously, you may not have the strength to overcome such a force.

At speeds over 60 mph, the likelihood of ejection increases exponentially. That's why you can find so many YouTube videos of boaters, instantly flying sideways out of their performance boat.

The second common cause of passenger ejection is "wave lift". Most boaters have experienced this to some degree. It happens when your boat climbs a large wake or swell and you get lifted upwards with the boat motion.

Since the boat will come back down more quickly than you will, there can be time for the boat to travel out from under you while you are still suspended in the air. Your body motion is like a pancake that is being flipped. The higher up you bounce, the greater the chance that the boat will drive out from under you, leaving you to land in the water aft of the boat.

Ejection accidents happen more frequently with passengers than drivers. This is because drivers can see the problem coming and they have a steering wheel to hold onto (If you are driving in rough water, be sure to check periodically that you still have all your passengers). Of course, more people 'fall' out of a boat than get 'ejected'. Fishermen are a good example of this, but of the two, ejection is more traumatic and less understood.

Water does not compress, and for this reason it is very hard when you crash into it without giving it the time it needs to open up. When hitting water at higher speeds, your limbs will not quickly penetrate the surface and when they do the hard jerk can break bones. Neck injuries are even worse. The best way to minimize your risk, beside having a skilled and experienced driver, is to wear a life jacket. A life jacketed is your first line of defense against unexpected boat ejection. Grab handles are a secondary defense and they are there to be grabbed. Of course, drivers should gain a feel for how tightly their boat likes to turn and only perform sharp turns in an emergency. Stay happy and stay in your boat.

## *2022 Photo Contest!!! LAST CALL!!!*

The contest is open to all FPYC members and it's easy and fun.

To keep everyone on the same page, please see the following simple rules:

- \* Photos must be of a nautical theme, e.g. boats, water, marinas
- \* Photos must be taken between June 1 and October 31 of 2022
- \* Entries must be submitted by November 15, 2022
- \* Editing is permitted but strong Photo-Shopping is discouraged
- \* Entries to be submitted by e-mail to [burginpaula@gmail.com](mailto:burginpaula@gmail.com)

The winning entries will be featured on the cover of Scuttlebutt throughout 2023!







*November Fun....!!*



## Scuttlebutt Sponsorship

C.D.S.  
**Signs**  
incorporated

  @cdssigns

*Are you  
looking for*

**BOAT GRAPHICS**

**P: 905-466-7147    E: info@cdssigns.com**

The advertisement is a rectangular graphic with a light blue background. On the left, there is a logo for 'C.D.S. Signs incorporated' where 'C.D.S.' is in green block letters, 'Signs' is in a large red script font, and 'incorporated' is in a smaller black font below it. To the right of the logo are two blue starburst icons. Further right, there are social media icons for Instagram and Facebook followed by the handle '@cdssigns'. Below this, the text 'Are you looking for' is written in a black cursive font. The main headline 'BOAT GRAPHICS' is in large, bold, yellow block letters with a black outline. At the bottom, a black horizontal bar contains the phone number 'P: 905-466-7147' and the email address 'E: info@cdssigns.com' in white text. A small blue starburst icon is also present in the bottom right corner of the main graphic area.

## Recipes from Your FPYC Board Members!

(Recipe courtesy of Bite Me More Recipes)

### Apple Pie Bars

#### Ingredients

##### Graham Crust

2 cups graham cracker crumbs  
½ cup butter, melted  
¼ cup brown sugar  
¼ tsp ground cinnamon  
1/8 tsp kosher salt

##### Apple Pie Filling

1 cup butter, melted  
2 cups brown sugar  
2 eggs  
2 tsp vanilla extract  
2 cups flour  
1 tsp baking soda  
1 tsp ground cinnamon  
½ tsp kosher salt  
1 cup SKOR Toffee Bits  
2 cups Granny Smith apples, peeled and chopped

##### Streusel Topping

½ cup flour  
¼ cup brown sugar  
¼ cup sugar  
¼ cup butter, melted

#### Directions

Preheat oven to 350°F. Coat a 13x9-inch baking pan with non-stick cooking spray. Line the pan with parchment paper.

In a medium bowl, combine graham cracker crumbs, melted butter, brown sugar, cinnamon and salt. Press the mixture evenly and firmly into the bottom of the prepared baking pan. Bake crust for 8 minutes, remove from oven and set aside.

For the apple filling, in a large bowl, whisk melted butter and brown sugar until combined. Whisk in eggs and vanilla extract until smooth. Add flour, baking soda, cinnamon, salt, SKOR bits and chopped apples. Stir just until flour has disappeared. Spread over baked graham crust.

For the streusel topping, in a medium bowl combine flour, brown sugar, sugar and melted butter until streusel is crumbly. Sprinkle streusel evenly overtop apple brownies. Bake for 40-45 minutes until topping is golden brown. Remove from oven and let cool completely. Once cool, refrigerate for easier cutting.





*Follow along with our FPYC club members on their travels!*

**Gunter and Sue Millar**

<https://sunspiritmillar.blogspot.com/?m=1>



**John, Kathryn, Simon & Wavey Middleton**

[WakaNahannis at Sea](#)

Bahamas: Part 3



**Steve & Lise Denison**

<https://gayadenison5.blogspot.com/>

Off to the Bahamas – Updated Blog



## **Items of Interest**

**FPYC is not endorsing these sites, but they may be of interest to our Club members.**

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### **GAMRU**

[www.gamru.ca](http://www.gamru.ca)

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### **Canadian Yachting**

<http://www.canadianyachting.ca/>

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### **Sail-World**

<https://www.sail-world.com/Canada>

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### **Sail-World Cruising**

<https://www.sail-worldcruising.com>

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### **Spartan – Ocean Racing & Training**

<https://www.spartanoceanracing.com/>

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### **POWER BOATING CANADA**

<https://powerboating.com/lake-ontario/>

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### **Get My Boat**

<https://www.getmyboat.ca>

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### **Sail Canada**

<https://www.sailing.ca/>

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### **Press - Star Sailors League**

<http://finals.starsailors.com/>

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### **Ontario Sailing**

<https://ontariosailing.ca>