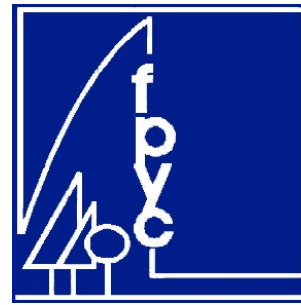


# *Scuttlebutt*



January 2017

Fifty Point Yacht Club [www.fpyc.ca](http://www.fpyc.ca)

2017 Issue #1



# *FPYC Executive 2016*



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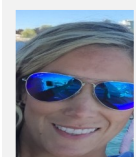
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# *From the Bridge...*

*Stephen Middleton, Commodore*

*January*



Welcome to 2017! We are certainly kicking it off with some true Canadian winter, eh? No mistaking the season now, though we may have been lulled into a false sense of comfort with all the lovely warm weather earlier on. I suspect that those of you who haven't migrated south are hunkered down into something approaching hibernation. Or perhaps recovering from the recent festivities?

We typically plan a few FPYC winter activities to help break up season and chase the winter blues. However, you will have received a notice earlier this week cancelling the first two events due to low response. My apologies to those who did confirm their interest and were looking forward to getting together. We will look at rescheduling the January Pub Night into early March. The curling day, unfortunately, cannot be rescheduled. We needed a full complement of players and supporters to justify the cost of the event and got only a very few responses. Holding out for the last-minute rush would have meant that we risked a late cancellation and would be very unfair to the curling club. Note to self for future events I really enjoy, sign-up early and often. On that topic, we still do have one event on the calendar; the Feb 13<sup>th</sup> Pub Night with GAMRU as guest presenter.

What do you know about how marine search and rescue is handled in Canada and how volunteers like GAMRU fit into the regional and local structure? If you are like me, the answer is "not much." Did you know that GAMRU undertook a record number of rescue missions in 2016? Me neither. Which is odd when you think about it. As boaters, while we hope never to be the subject of a search and rescue mission, we trust that if we need it, someone will come and help.

Ann I have never needed to call for help but we did have a close encounter with a rescue operation twelve seasons back, while making a rough lake crossing in Peveril, our 29 foot Columbia. We were some 8 or 9 NM from home, with strong wind and big waves out of the west, and very much looking forward to getting to the dock, when the Coast Guard called for boats in the Grimsby to Fifty Point area to keep watch for a sailboarder. The sailboard had been spotted by someone from shore, he seemed to be in difficulty and was being driven down the lake and away from shore.

Scanning around with the binoculars I spotted something in the water about 2 miles east of our position. I couldn't be sure, it was only visible for a moment as we crested the waves but I thought I saw a flash of orange and some movement. We radioed the Coast Guard and were asked to investigate. Did I mention the rough weather? We fired up the engine, furled the partial Genoa we had been running under, and turned our stern to the wind and 2 meter waves. As we approached it became clear that this was the sailboarder and that he was totally exhausted, barely able lift himself up to wave at us. At that point it hit us just how difficult and dangerous it was going to be to get him on-board or even to attempt a tow. That was when we spotted the rescue vessel approaching at speed. What a welcome sight!

It wasn't until we had seen the young man safely aboard and then made our way to home port that the full reality set in. He was about the same age as our son. It could easily have been him out there (he is crazy too) and if not for a piece of luck and the timely arrival of the rescue unit, the outcome could have been tragic. That day, and especially the feeling of relief on seeing the rescue boat, sticks very clearly in my mind.

.....continued

I strongly encourage you to mark the Feb 13 Pub Night in your calendar. Come out (6:30 PM in the Grimsby Judge and Jester) and learn more about the people and organizations that help keep us all safe on the water.

If you are coming please drop me a line at [samiddleton@sympatico.ca](mailto:samiddleton@sympatico.ca) or text to 905-650-7276. Just say "I'll be there". Share dinner and catch-up with dock mates, learn some very important stuff, show your support for GAMRU.

See you in February.

Stephen





*Follow along with our FPYC club members on their travels!*



Click on the word [BLOG](#) below to go to each site...

**Steve & Lise Denison** (Boat—GaYa)  
'GaYa on the Move'  
[BLOG](#)

**Al & Laurie Pollard** (Boat—Needfull Things)  
'Needfull Things'  
[BLOG](#)

**John, Kathryn, Simon & Wavey Middleton** (Boat—Nahanni V)  
'Nahanni V At Sea'  
[BLOG](#)



### CRUISE SCHEDULE FOR 2017

The sign-up for all cruises will open on May 1, 2017 through the FPYC website with a maximum of 20 boats for each cruise. If a cruise fills up, you will be placed on a waiting list and typically there are some cancellations closer to the cruise date and waiting list boats are usually accommodated.

**June 17 – 18**

**Oakville Club**

It has become a tradition to visit this club every June. The club has an outdoor pool, other sports and the lovely Dockside Patio. Downtown Oakville is a short stroll away for those who like to shop and try the wide variety of restaurants in town. Celebrate Father's Day with Sunday morning breakfast or brunch.

**July 1, 2 & 3**

**Mimico Cruising Club**

Celebrate Canada's 150<sup>th</sup> birthday in style. Wear your red and white and decorate your boat for the occasion. There promises to be lots of local fireworks displays for viewing.

**July 15 – 16**

**Royal Hamilton Yacht Club**

A short journey with lots of time to enjoy the outdoor pool and the Hamilton Harbour waterfront trail. On Friday July 14, participate in an optional "anchor night" at nearby Carroll's Point.

**Aug 5, 6 & 7**

**Port Credit Yacht Club**

Join us on our family cruise weekend with lots for the kids and adults too – outdoor pool, playground, great restaurant and beautiful trails along the lakeshore. See if you can spot Mike Holmes and his boat!

**Aug 19 – 20**

**Oakville Yacht Squadron**

Back to Oakville for those who missed the first cruise to the area or just want to return with a view from the other side of the river. This self-help club has a full service kitchen for those so inclined.

**Sep 2, 3 & 4**

**Royal Canadian Yacht Club**

Wrap up the season on the Toronto Islands with tons of activities for all ages. Bring your bike to enjoy all the islands or if you are feeling adventuresome head over to the clothing-optional beach. The club has an outdoor pool and a beautiful verandah to enjoy a hot summer evening.

Enjoy the comradery of fellow Fifty Point boater with potluck appetizers on arrival day during two-day weekend cruises. On long weekends, the club will provide the main course for a shared dinner with other potluck food items appreciated. A potluck appetizer social is generally held on the Sunday afternoon of long weekends.

Cruise Captains are needed for long weekend cruises to arrange main course dishes and perhaps organizing a group activity/game/contest too! If you are able to help, please indicate this on the cruise sign-up form or contact us directly at [fpyc.cruising@gmail.com](mailto:fpyc.cruising@gmail.com).

Sue Millar (G26) & Judie Galvin (G28)  
FPYC Cruising Directors

# Christine's Galley



## Shepherds Pie Soup

All the flavours of shepherds pie in a satisfying soup.

### Ingredients

2 teaspoons olive oil  
1 onion, chopped  
2 cloves garlic, minced  
2 teaspoons chopped fresh thyme (I used dried thyme)  
450 grams lean ground beef  
1 large carrot, diced  
1 rib celery, diced  
2-4 peeled potatoes cut into chunks  
2 tablespoons tomato paste  
1 tablespoon of Dijon mustard  
1 tablespoon of Worcestershire sauce  
1 package beef broth  
1/4 teaspoon pepper  
pinch salt  
1 cup frozen peas



### Directions

In heavy pot, heat oil over medium high heat, sauté onion garlic and thyme until onion is just softened, about 2 minutes.

Add beef, carrot, celery and potatoes, cook, stirring and breaking up the beef until no longer pink, about 3 minutes.

Stir in tomato paste, mustard and Worcestershire sauce, cook until slightly thickened about 2 minutes.

Add broth, pepper and salt, bring to boil.

Reduce heat, cover and simmer until potatoes are tender, about 6 minutes.

Stir in peas, cook until heated through, about 1 minute.

*"The secret of success in life is to eat what you like  
and let the food fight it out inside"*

Mark Twain

## January Race Report

By Garry Cooke

### *World Sailing Events:*

#### **Solo Around the World Race: Vendee Globe 2016-2017.**

The solo around the world race is still underway. The leading competitors are setting a record pace. The leaders have rounded the infamous Cape Horn, and are now heading back up the Atlantic to finish sometime in January. So far there have been 10 boats retired from the original 29 starters.

Check it out at: <http://www.vendeeglobe.org/>

#### ***Solo Around the World Record.***

The solo French sailor Thomas Coville broke the around the world single handed record in his 110 ft trimaran 'Sodebo'. His record of 49 days 3 hours knocked an incredible 8 days off the previous record.







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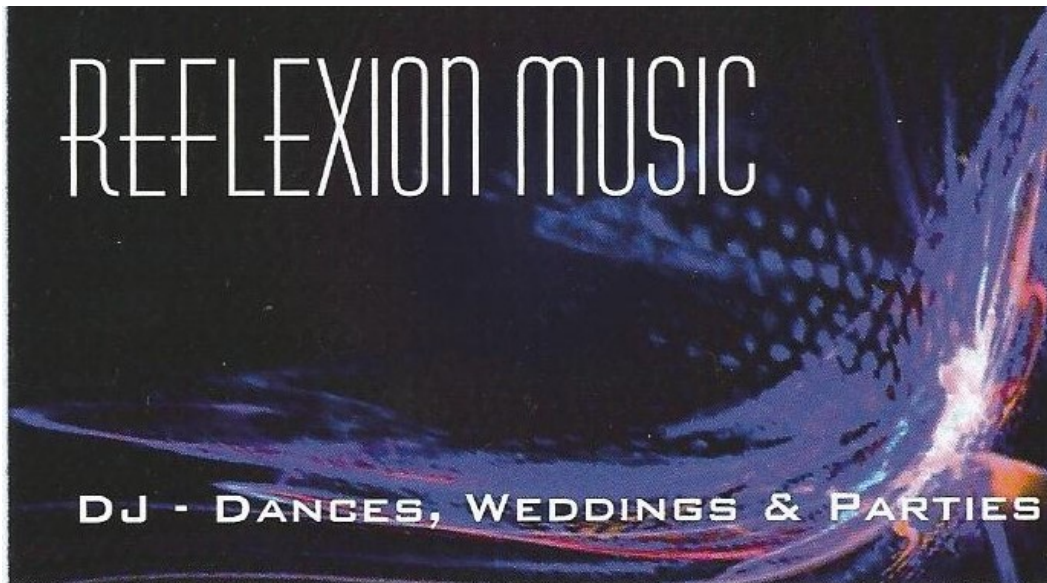
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to hear more about GAMRU and meet some  
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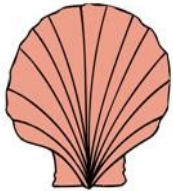
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- 26' Nonsuch-1981- good condition, Happy Pac,.....\$28,900

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- 32' North Shore NS-32 Trawler-2004-Nova Scotia built, very unique and spacious, low hours on Cummins diesel, genny, complete hardtop.....\$62,900.
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- 31' Sea Ray Sundancer 310-1998- beautiful turnkey express....**SOLD**
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