



Scuttlebutt



February 2023

FIFTY POINT www.fpyc.ca
YACHT CLUB

2023 Issue #2



2nd Place Photo by Don Wood
The Bird Watches....

scut-tle-butt 1 a: a cask on shipboard to contain fresh water for a day's use b: a drinking fountain on a ship or at a marine installation

FPYC Executive 2023



Commodore

Steve Burgin
scburgin@gmail.com
(905) 570-4782



Past Commodore

Tom Dunmore
thdlaw@gmail.com
905-516-4478



Secretary

Jessie Holst Vincent
jessie.vincent@unb.ca



Vice-Commodore

Bob Levo
levob1@me.com



Communications Director

Paula Burgin
burginpaula@gmail.com
(905) 570-4782



Treasurer

Phil Kling
treasurer50@yahoo.com



Cruising Director

Ben Douglas
benjamindouglas@ymail.com

Cruising Director

Vacant



Membership Director

John Robinson
john.robinson684@gmail.com



Membership Director

Art Veldhuizen
veldhuizenart@gmail.com
(289) 407-8793



Social Director

Peter Collins
pcollins13@cogeco.ca



Junior Membership Director

Sam Vincent
smvin58@gmail.com



Social Director

Kathy Belanger
kbelanger9@gmail.com



Social Director

Dan Paquette
daniel.paquette6773@gmail.com



Director-at-Large

Donna Shepherd
donnashepherd5@gmail.com
(905) 802-9821

Commodore's Message



WELCOME TO FEBRUARY! I'm sure this month isn't in a top 10 list of favorites, but there is a lot to be excited about so early in the year.

By now, I would think that everyone has a launch date confirmed and we can already start thinking about getting boats unwrapped and preparing for the time when we'll be back on the water.

The Toronto Boat show has wrapped up after a 2 year absence and by all accounts, was a success. It was a great break out of the winter doldrums and helps turn our thoughts to the coming season.

And, as I'm sure that Paula is quite tired of my daily reports, but the sunset is getting later and later. Not quite 9:00 PM yet, but we're getting there!

I'm also very happy to let you know that the new Club Board held its first meeting in January. I can tell you what a great group of enthusiastic and engaged people they are. It's going to be a pleasure working with them and they will do wonderful things for the Club. We all owe them a debt of gratitude for coming forward to help out with the Club. Without stealing any of their thunder, I can tell you that we have returned to a full slate of Social Events for the year, and have Club Cruises lined up and booked. Look to see more details from those Directors.

I think we present one of the best values on the lake and encourage everyone to talk to fellow boaters about the benefits of membership. The Club offers a great sense of community along with all the other perks. Becoming a member really does help prove out "the more, the merrier"!

Best wishes to everyone!

Steve Burgin

Scuttlebutt In Review

- Rescue volunteers need help replacing popular hero Oscar
- The Real Origins of Boating's Most Common Terms
- South Shore Search and Rescue - 106 Minutes as a SAR volunteer
- February Fun
- Scuttlebutt Sponsorship
- Recipe - Oatmeal Cream Pies

Rescue volunteers need help replacing popular hero Oscar

He's been run over by boats, poked with poles and left in the freezing lake water. He's been scarred by propellers, had his clothes shredded and been manhandled and left in undignified positions. And now he's finally had enough: one of the longest-serving members of South Shore Search And Rescue is calling it quits. Oscar, the group's rescue dummy, is retiring.

Officially a "rescue training manikin," Oscar has been around the volunteer outfit for as long as anyone can remember. And given the hard service he's seen — thrown repeatedly into the water and retrieved by members as part of their rigorous training — his retirement this year is well-earned.

Replacing Oscar isn't going to be easy and the South Shore volunteers have already started a fundraising campaign to acquire a replacement. A new rescue training manikin can cost up to \$2,000.00.

The group's campaign kicks off this month in the hope of having a new manikin in time for the 2023 season. Donations can be made via the group's website at www.gamru.ca/donations and the Canada Helps portal, where the donations are handled and charitable receipts issued. The campaign has already been given a great boost via a \$750.00 grant from the Niagara Community Foundation mini grants program. Progress will be tracked through the volunteers' social media platforms Facebook, Instagram and Twitter.

An essential part of the curriculum for training rescuers is how to recover victims from the water. Careful handling of victims who may be terrified, injured or suffering from hypothermia is crucial and the rescue manikin is ideal for training that is literally hands-on.

"If there's an award for stoicism, commitment and quiet courage, we would nominate our Oscar," explains unit leader Sean Coffey. "He's been subjected to the most difficult conditions imaginable. He has been pulled, pushed and dragged. He's been poked and bumped and run over. And he's been instrumental in training literally dozens of recruits in real-life rescue work."

"Oscar is a hero," Coffey concludes.

South Shore Search And Rescue is a community-based volunteer emergency service that responds to rescue calls in western Lake Ontario, serving the communities along the south shore from a base in Fifty Point. More than 40 active volunteers maintain a fully equipped rescue vessel and train year-round to hone the skills and readiness to be effective on the water. GAMRU South Shore Search And Rescue is a member of the Canadian Coast Guard Auxiliary and a registered charity.

Doug Mepham 905 325 3431 doug.mepham@gamru.ca



The Real Origins of Boating's Most Common Terms

Many expressions we commonly use today originate from early nautical activities. With a little research I found some interesting nautical origins for sayings we currently use. How many of these expression explanations do you know?

1) Over a Barrel: Old sailing ships often recruited crew members by force, including men that did not know how to swim, which made drownings a frequent concern. To help save sailors who were pulled unconscious from the water, the crew would place them over a barrel and roll the barrel back and forth to drain water from their lungs and possibly resuscitate them. Today, if you have a person "over a barrel" it means you have control over their situation or fate.

2) Kicked the Bucket: Persons convicted to be hanged were usually roped around the neck, placed on a scaffold, and dropped through a trap door. On ships there was no such scaffold, so a convicted sailor was placed on an inverted bucket, which was then kicked out from under him. Today if someone has "kicked the bucket," you are saying they are dead.

3) Bombed or Tanked: Early pubs carried beer to tables in leather jugs that held several pints. This container was called a 'bombard' or an ale 'tank'. If a sailor on shore leave drank a full bombard he would most certainly be intoxicated, and was described by his mates as being "bombed" or "tanked." These descriptive words

4) Toe the Line: On special occasions, sailors in the British Royal Navy were required to stand on deck at attention. To keep them in a straight line, they were told to line their toes up to a specific plank on the deck. This was called 'toeing' the line. Today, if someone is asked to "toe the line" they are being asked to keep up to a standard performance level, or follow the standard of others.

5) Bite the Bullet: Floggings were a standard punishment on early ships. Men being flogged were generally given a bullet to bite on to help keep them from screaming as they were flogged. Today, if you tell someone to "bite the bullet" you are suggesting that they accept without complaint something that they regard as unpleasant.

6) Above Board: If a ship was carrying any cargo that was illegal they would hide it somewhere beneath the main deck boards. Even people were similarly placed. For example, pirates would hide below deck boards when approaching a merchant ship in order to disguise the larger number and type of persons onboard. Items and crew that were legitimate and legal could be stored above the deck boards and visible to others. Today, someone described as "above board" is deemed to be acting legally and within the rules.



On The Water

106 Minutes as a SAR volunteer...

Have you ever wondered what its like to be a volunteer Search And Rescue crew member?

Picture yourself sitting down for dinner with your family on a sunny summer evening when you hear the alert on your cell phone.

The next 106 minutes of your life carry out like this...

17:33 - cell phone alert goes off, you've been tasked to assist 4 persons report adrift on a floatie. Your adrenaline starts to pump as you head to the dock.

17:55 - GAMRU 240 departs the dock with crew of volunteers

18:00 - you spot what appears to be the persons on the floatie

18:05 - arrive on scene to discover a total of 7 persons on 3 paddle boards who have drifted too far from shore to get back on their own

18:12 - all 7 persons and their 3 paddle boards are brought on board GAMRU 240 and confirmed no injuries

18:20 - on the way back to shore, you spot a person alone in the water. Person is brought on board GAMRU 240 and confirmed no injuries

18:30 - arrive back at the dock and transfer all persons ashore. Discover that the person found in the water believes he was knocked unconscious after being ejected from a personal watercraft. Crew assesses his state of consciousness and he is determined to be alert and showing no signs of a concussion. Paramedics are called to be sure.

19:00 - ambulance is called off by rescued person who confirms he is feeling fine

19:19 - GAMRU 240 secure at base, and you head back home to your family after a stressful but rewarding 106 minutes



February Fun....!!



Did you know:

February is the only month to have a length of fewer than 30 days! Though it's usually 28 days, February is 29 days long in leap years such as 2020 and 2024.

January and February were the last two months to be added to the Roman calendar (c. 713 BC); originally, winter was considered a month-less period.

Originally, February was made the last month of the calendar year. Eventually (c. 450 BC), February was moved to its place as the second month.



HAMILTON POWER & SAIL SQUADRON AGAIN OFFERS

BOATING 3 COURSE

INTRODUCTION TO NAVIGATION

The **third course** in our series explores navigation, charting cruises, learn how to plot and label on paper charts. Environmental responsibilities, electrical hazards, and much more.

5 weeks one evening per week

**Starts Thursday, March 2, 2023
7 p.m. to 9 p.m.**

**Macassa Bay Yacht Club
80 Harbour Front Drive, Hamilton**

Tuition Fee \$130.00

If you did not take Boating 2 you MUST contact Ron before registering

Register online @ boatingcourses.ca

(Courses and Seminars, Quick View Available Courses)

REGISTER BEFORE CUT OFF DATE FEBRUARY 16, 2023

**Need help? Contact: Ron 905-389-5719
ronwarby46@gmail.com**

Next VHF Marine Radio Course April 13, 2023

MARITIME RADIO COURSE

VHF MARINE RADIO

OFFERED BY
HAMILTON POWER & SAIL SQUADRON

Restricted Operator's Certificate (Marine)

A legal requirement of Industry Canada

ALL BOATERS SHOULD KNOW HOW TO PROPERLY USE A VHF RADIO

Thursday, April 13, 2023

7:00 p.m. to 9:00 p.m. Three Consecutive Thursday Nights

Registration cutoff date March 28, 2023 (books must be ordered)

Macassa Bay Yacht Club
80 Harbour Front Drive, Hamilton

Cost: \$125.00
Includes Instruction, Text and Exam

Book Online

www.boatingcourses.ca



(Courses and Seminars, Quick View Available Courses)

Need help? contact:
Ron Warby 905-389-5719
ronwarby46@gmail.com



Scuttlebutt Sponsorship

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BOAT GRAPHICS

P: 905-466-7147 E: info@cdssigns.com

Recipes from Your FPYC Board Members!

(Recipe courtesy of Food and Wine (foodandwine.com))

Oatmeal Cream Pies

Ingredients

Cookies

3/4 cup plus 2 tablespoons (7 ounces) unsalted butter, softened
1 cup granulated sugar
1 cup firmly packed light brown sugar
2 large eggs
3 tablespoons molasses
1/2 teaspoon vanilla bean paste
3 cups uncooked quick-cooking oats (such as Quaker 1-Minute Oats)
1 1/2 cups all-purpose flour
1 teaspoon kosher salt
1 teaspoon ground cinnamon
3/4 cup toffee chips (from 1- 8 ounce package)
1/2 teaspoon baking powder
1/2 teaspoon baking soda

Filling

3/4 cup (6 ounces) unsalted butter
1 3/4 cups (about 7 ounces) powdered sugar
1/4 cup heavy whipping cream
2 teaspoons vanilla extract
1/4 teaspoon kosher salt

Directions

Prepare the Cookies:

Beat butter with a stand mixer fitted with a paddle attachment at medium-high speed until creamy, 1 to 2 minutes. Add granulated sugar and brown sugar, and beat until combined, about 15 seconds. With mixer on medium speed, add eggs, 1 at a time, stopping to scrape down sides of bowl between additions. Add molasses and vanilla bean paste, beating until combined, about 15 seconds. Stir together oats, flour, salt, cinnamon, toffee chips, baking powder, and baking soda in a separate bowl. With mixer on low speed, add flour mixture to batter, beating until well combined, about 2 minutes. Cover and refrigerate until cookie dough is firm enough to scoop, about 2 hours.

Prepare the Filling:

Beat butter with a stand mixer fitted with a paddle attachment at medium-high speed until creamy, 1 to 2 minutes. Add powdered sugar, beating until combined, about 1 minute. With mixer on low speed, slowly add cream and vanilla. Stop mixer; stir in salt, and scrape down sides of bowl. Beat on medium-low speed until fluffy and combined, 5 to 6 minutes.

Preheat oven to 350°F with racks in upper third and lower third positions. Working in 2 batches, scoop cookies using about a 2-tablespoon cookie scoop onto 2 parchment paper-lined rimmed baking sheets (25 cookies per batch). Bake in preheated oven until edges of cookies are golden brown and set, 9 to 11 minutes, rotating baking sheets from front to back and between top and bottom racks halfway through baking time. Let cookies cool on baking sheets to room temperature, 15 to 25 minutes. Repeat process with second batch. Place Filling in a piping bag fitted with a #802 tip or Ziplock plastic bag with a 1/4-inch hole cut into the corner; pipe about 1 1/4 tablespoons Filling onto flat side of each of 25 cookies. Top with remaining cookies, flat sides down. Oatmeal Cream Pies may be stored at room temperature in an airtight container for up to 2 days or in refrigerator for up to 1 week.





Follow along with our FPYC club members on their travels!

John, Kathryn, Simon & Wavey Middleton

[WakaNahannis at Sea](#)

Bahamas: Part 3



Items of Interest

FPYC is not endorsing these sites, but they may be of interest to our Club members.

GAMRU

www.gamru.ca

Canadian Yachting

<http://www.canadianyachting.ca/>

Sail-World

<https://www.sail-world.com/Canada>

Sail-World Cruising

<https://www.sail-worldcruising.com>

Spartan – Ocean Racing & Training

<https://www.spartanoceanracing.com/>

POWER BOATING CANADA

<https://powerboating.com/lake-ontario/>

Get My Boat

<https://www.getmyboat.ca>

Sail Canada

<https://www.sailing.ca/>

Press - Star Sailors League

<http://finals.starsailors.com/>

Ontario Sailing

<https://ontariosailing.ca>