





April 2016

Fifty Point Yacht Club www.fpyc.ca

2016 Issue #4



The Calendar says it is Spring

but...

It sure doesn't feel like it!



# FPYC Executive 2016



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# From the Bridge... Stephen Middleton, Commodore

## Apríl



T minus 33. That is my magic number, and it isn't the temperature! What's your number? Those of you with the earliest launch dates may have already started on your preparations. All of us are looking at the weather forecast trying to spot those treasured  $+10^{0}$  days that lend themselves so well to waxing, painting and the other outdoor spring "sports" associated with boat ownership. On the yacht club side the season planning is well underway. Take a look at the cruise and social schedules and you will see that we have a great season ahead, all starting with the Pre-Splash BBQ on Saturday April 30. I hope to see many of you there, and don't forget that we will have a membership table set up, so it is a final opportunity to get your membership renewal done ahead of the April 30 discount deadline.

In the meantime, on those days that aren't so good for boat work, those days better spent indoors, take some time to think about proposals for using some of our reserve funds that the board has been working through. We started in January with a longer list of ideas and began the evaluation of what was feasible and what would add value for FPYC members. Possibilities were discussed with Rob and Nancy to get input on what would or would not work for the marina.

As a result, we now have a short list of ideas with which to move forward. We are still working on budget estimates for a couple of the items. While the club Constitution requires member approval for any expenditure over \$2500.00, we also welcome your input on any of the proposed projects. If you would like to hear about the ideas that didn't make the final list, check with any of the board members when you see them over next few weeks.

### Maintenance and upgrade projects:

- 1. Clean-up, repaint and refit the space in the shower/laundry room building next to the main parking lot. The club and other boaters have used this space for a number of years for storage. Over that time it has accumulated a collection of outdated stuff along with things we use each season for club events. The room is badly in need of decorating and a refit with new storage cupboards, fridge, microwave, table chairs etc. Once it is fixed-up, it can serve as a base for social event planning and preparations and even as a space for small groups to meet and as a place to "hang-out" on foul weather days.
  - a) A design and budget estimate is being prepared.
  - b) We are aiming to start the clean-up on the week of April 25 (the week leading up to the pre-splash BBQ) and are looking for volunteers to help. Also looking for those who are handy with paint brush and roller.

# Special Note: If you have any personal items stored in this space, please arrange to move them out before *April 22*.

- 2. The West shelter curtains are in need of repair and replacement of tie down hardware. This item has been on our to do list since last season. The company that made the curtains (Out Front Portable Systems from Beamsville) can do the work, but unfortunately have a six week turn-around time. Unless anyone knows of a company that can provide a faster service, I propose that the curtains be removed in two or three groups so that some shelter can be maintained while the repairs are underway.
  - a) First step is to have the curtains cleaned in preparation.
  - b) I would like to hear from the members who regularly use that shelter I know some of you have ideas on how to improve the tie-down system. Also, any thoughts on the logistics would be appreciated.

# *From the Bridge—continued*

3. A number of the BBQ's around the marina are in need of repair or replacement. It seems that over the years the BBQ life span has decreased. Since the BBQ's are used by all boaters, not just club members, we do feel that it is appropriate for the marina to take the lead on this. In the past, the club has donated funds towards replacement and we will be discussing our possible participation in a replacement program.

### **Boater safety and skill development programs:**

In the last Scuttlebutt we posted course offerings available through Trillium Marine Services - SailTrillium. Nigel Spink is the principal instructor, a member of FPYC and serves on our board as a Cruising director. Nigel offers a number of on the water cruising courses at basic and intermediate levels. In addition, he offers St John Standard First Aid, AED and CPR, plus VHF and Pleasure Craft Operators courses. There is a charge for each these courses.

Nigel is also offering Cold Water Survival and Crew Overboard (COB) Recovery course free to FPYC Members. See the March edition of Scuttlebutt for dates and additional information.

### Added club activities:

- 1. In discussions with Rob and Nancy, the suggestion was made to acquire 2 small sailing dinghies (Snarks or similar) that could be used on the pond. These would be available on request for members to use. They would be suitable for introducing youngsters to boating, offer a way to enjoy being "on the water" on those days when you just don't want to get out on the lake, and could also add another option for friendly competition to our social events picture a staff vs. boater triathlon maybe (volleyball, bocce ball and dinghy racing).
  - a) We will get a budget estimate to review with members.
  - b) We will need to work out a process for managing the use of the boats and storage when not in use.
- 2, Offer alternatives to multi-day/weekend cruises that can include smaller and/or non-cruising vessels. Mini -cruises that start and finish at the best destination on the lake, yes that is Fifty-Point. These could include a beach BBQ, or rafting at anchor off the beach for the evening.
  - a) We are looking for additional ideas and thoughts on this one. Are you a day sailor? Is this something you would participate in? If so, we would love to hear from you.

So, there are things to consider, certainly. We do want to get your thoughts. Email, call or simply stop and chat when you see any of the Board members around the docks.

I hope to see you all at the Pre-Splash BBQ and in the mean time, think SUMMER!

Stephen

# 2016 Cruíse Schedule

We are happy to announce our club cruise schedule for 2016. The form to sign up for cruises **will be posted on the FPYC website on May 1**<sup>st</sup> and we will start taking requests at that time. Cruises are limited to 20 boats, first-come first-served!

### Oakville Club

June 11/12

The traditional start to the cruising season. The club offers a pool, tennis, squash and badminton, dining room and bar. Downtown Oakville is a short walk away for shopping and dining out.

Lakeshore Yacht Club July 1, 2 & 3

Celebrate Canada Day in beautiful Colonel Samuel Smith Park – perfect for biking or hiking. The clubhouse has a great self-serve kitchen and lounge.

Royal Hamilton Yacht ClubJuly 16/17

A short hop away with a great pool, children's play area and access to trails to Coote's Paradise.

### Port Credit Yacht Club July 30, 31 & August 1

Play areas and pool plus dining room and bar for the adults makes this a favourite family friendly destination on the lake.

 The Boulevard Club
 August 6/7

A favourite with Fifty Point members, this club offers multiple sporting facilities and outdoor pool. Down-town Toronto is a short taxi ride away.

Bronte Harbour Yacht Club August 20/21

Enjoy waterfront trails or a stroll through Bronte Village or the nearby beach. Boat length is limited to 35 feet or less for this facility.

**Etobicoke Yacht Club** September 3, 4 & 5 Close the cruising season with first row seats to the Toronto International Air Show or enjoy the parkland and trails in the area.

All cruises will include a potluck appetizer social event, generally on arrival day. The long-weekend cruises will also include a club sponsored dinner – the main course is provided and other potluck dishes are encouraged. Volunteer Cruise Captains are required for the long-weekends to coordinate the dinner and appetizer social events. All other cruises require a communications volunteer. Interested volunteers can email the cruising directors at any time <u>fpyc.cruising@gmail.com</u> for more information.

Sue & Nígel Cruísing Dírectors

Christine's Galley

Lemon Cheesecake Mousse

### **Ingredients**

1 cup whipping cream
 8 ounces cream cheese, soften
 1 cup lemon curd or prepared lemon pie filling
 1 teaspoon vanilla
 1/2 cup powdered sugar
 Fresh berries for garnish, optional

### Directions

In medium bowl, whip the cream until stiff peaks form, set aside In another bowl beat cream cheese and lemon curd (or pie filling) until smooth Stir in the vanilla and powdered sugar and mix until combined Fold in whipped cream until fully incorporated Pipe or spoon the mousse into serving dishes Refrigerate until serving Garnish with fresh berries



Option to make a graham crust base

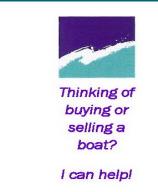
- 3 graham crackers
- 1 tablespoon sugar
- 1 1/2 tablespoons unsalted butter melted

Place graham crackers and sugar in food processor, process until you have crumbs (or can crush inside a plastic zip lock bag with a rolling pin). Transfer to small bowl and add the melted butter, stirring to moisten the cracker mixture. Press into your serving dishes and pipe or spoon mousse on top.

" Life is Short, Eat dessert first"





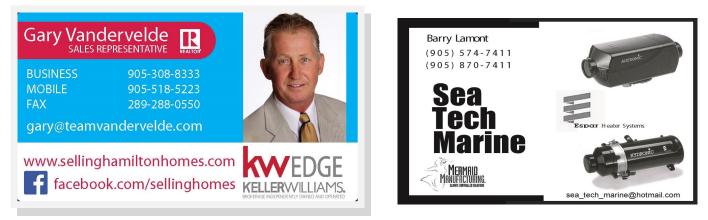


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# Apríl Race Report By Garry Cooke

## FPYC YACHT RACING SEASON



The racing season is approaching, so I would like to hear from all those interested in either racing their own boat, or crewing.

Again this year we will be able to race with Newport on Tuesday evenings. In order to compete in your own boat, you will need to be a paid 2016 member of FPYC. A fee of \$75.00 will be required as a racing fee at Newport, since we use their racing marks, and it helps pay for gas and upkeep on their race committee boat. In addition, you will need to get sails measured if you have not done so in the past. I can do that for you at any mutually-agreeable time. (just call or e-mail me). We will then issue a racing handicap certificate from PHRF-LO, which will also allow you to be scored in any race on the Lake at which you would like to register.

Other Racing events at FPYC will be fun-friendly type racing, such as pursuit racing, where each boat will have their own start time, with the goal of all the boats finishing together. The time adjustment at the start will be based on your yacht handicap.

These races will be run a couple times a month on weekends throughout the year. I will prepare a schedule so that there is plenty of advanced warning of the dates. For those that are interested in this format, please contact me.

I will be updating the website sailing page in early April.

Garry Cooke

# **Upcoming Social Events**

# **Pre-Launch BBQ**

Saturday, April 30<sup>th</sup> D Dock Shelter area 11am – 1pm

What it is: A little nourishment for all of us that have already launched and for those that haven't yet launched and are still busy working on your boats to get them ready! There will be BBQ'd hot dogs and hamburgers, chips, (maybe some healthy snacks too) along with coffee, tea, hot chocolate pop and water.

All free of charge! Come and reacquaint yourself with everyone and introduce yourself to new members...

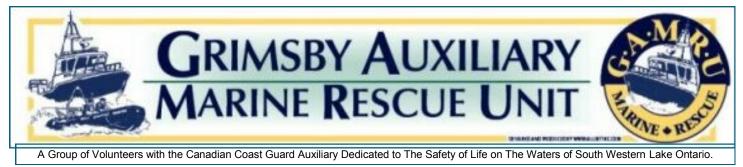
# Sailpast 2016

Saturday, May 28th 11:00 a.m.

We will have our annual "blessing of the boats" with the Grimsby Colour Guard and band. Everyone is then encouraged to sail, motor or paddle out to the lake to salute our Commodore on his boat. This is a great kick-off to the season!

This event will be followed later in the day by a dinner for all yacht club members & their 'crew' to be held out in the parking lot area behind D-Dock. There will be a small charge for friends & guests.

Watch for flyer event notices with details coming to a marina bathroom wall near you!



#### Working in the shallow water of Lake Ontario by Bill Wickett

On a long past Thanksgiving weekend, we spent a sunny afternoon meandering along a section of the north shore of Lake Ontario, from Bronte west to Burlington. After leaving Bronte Harbour, we motor sailed in the very light wind to clear the refinery pier to the southwest. Then we headed in very close to shore, 50 to 100 feet out, and coasted along. With the jib furled and our gaff-headed main up, we got the occasional lift from stray puffs. Water depth was from 4 to 12 feet most of the way as gauged by our depth sounder, a.k.a. the boat hook. Our 18' daysailer made it easy see the shoreline up close.

There are 3 or 4 small creeks that come into the lake along this approximately 6 mile section. There is usually a shingle bar across the mouth of the creek, with the occasional small sand beach to one side. The bar gets formed by the wave action over the summer, fall and winter. I think it must get washed out in the spring, then re-form.

The bottom appeared to slope away gradually and the calm inshore water was extremely clear that day. Much of the clarity in the Great Lakes is due to the filtering action of zebra mussels. With the sunlight penetrating the water to greater depths, much of the bottom of this area was covered by small grassy plants, 1 or 2 inches high. The clear water made it very easy to see the bottom. It also made it easy to reflect on the goings on that occurred in this area in years past. After this cruise, a little on-line research gave me more information about what we were seeing on the bottom.

Under the green plants you could see the shape of large flat shale rocks. Some are huge tablets, 6' x 8', and 10' x 12'. This material is Dundas shale. Silt from ancient oceans was laid down and compressed from the weight of successive overlying layers. It was later exposed as the present Great Lakes were formed.

In early Ontario, circa 1800, buildings were first made of wood, and many were only set on corner stones. As stone buildings became more common, a stronger foundation became necessary. Land clearing for farming had exposed the readily available Dundas shale. In an era before the use of concrete, these slab rocks were ideal for building foundations.

The lake bottom also had a great deal of exposed shale visible in the shallows. Along the north shore of Lake Ontario, from the 1830's to the First World War, a unique industry developed, that came to be known as "stonehooking". A stonehooker was a usually a broad beamed, shallow draft schooner of 50 to 70 feet in length that worked very close to the shore.

The crews of the stone hookers pried and levered the large shale slabs from the shallows of the lakebed. Several men working together would use poles with bent forks (stonehooks) on the end to lift up a slab from the bottom and then maneuver it onto a raft. From there it was hoisted to the ship's deck with a tackle and set in piles measured in a unit called a toise. This standard measurement of stone measures three feet high, six feet wide, and twelve feet long (216 cubic feet). A typical stonehooker could carry 2 toise. The stone was delivered to Lake Ontario ports such as Oakville, Bronte, Port Credit and Toronto. In some years, up to 5000 toise were mined from the lake bed.

At the same time that the stonehookers were busy close to shore, there would have been other working sail craft on the lake. Gaff-headed schooners from 22 to 26 feet were often used for fishing. The abundant freshwater fishery sustained many people who lived in the shore side villages situated at the mouth of the larger creeks and rivers flowing into lake.

...continued

# Working in the shallow water of Lake Ontario—Continued

by Bill Wickett

Many of these fishing boats were built locally in Bronte and Oakville. They were products of a ship building industry that flourished along the Lake Ontario shore, using the readily available pine and oak timber that was being cleared for farming. Trading schooners up to 130 feet long were built for moving goods on the Great Lakes and beyond. Just imagine what you would have seen looking out on the lake in 1870. Now later in the afternoon the westerly wind had picked up. We were almost at the foot of Brant Street in Burlington as we turned away from the shore and headed east out into the lake, then north east. A lovely 6 mile broad reach took us back to the Bronte lighthouse where we furled our sails and motored up the creek to the launch ramp.

On our last sail of the year it had been rewarding to look down at the bottom, and back through the years, as we moved through the shallow waters that had been worked by the stonehookers of Lake Ontario.

Acknowledgements: <u>http://www.oakville.ca/culturerec/bronteharbour-essay5.html</u>

An earlier version of this article appeared in the July/August edition of GAM on Yachting magazine.



### MEMBERSHIP HAS IT'S PRIVILEGES

Have you joined yet? Take advantage of the 'Early Bird' discount!

Your FPYC membership is \$165 before April 30th and \$190 after May 1st.

Send in your membership form to Cindy Shrubb (her address is at the bottom of the form on page 19), or signup at the Pre-Splash BBQ on April 30th.

Questions? Ask any member of the executive for information.





We have been hearing how our members have coveted the 'swag' worn by other yacht club members on the lake and last year we ordered in some hats as a test and found they were a hit.

variety This have decided to order in а of FPYC vear we gear to be offered for sale at our Sailpast on May 28th and we will have a FPYC merchandise table set up near the D Dock shelter.

Come prepared with cash or a cheque and we promise we will have a tempting array of goodies for you to choose from, or custom-order, all with our own FPYC logo!

Don't miss out!





### **Spring Pre-Launch Checklist**

(Be sure to consult your owner's manuals for instructions specific to your boat)

- Remove winter covers; repair tears; dry, fold and store.
- □ Check for winter damage to hull and cradle.
- Open hatches to ventilate boat throughout. Check inside boat for signs of winter damage.
- $\Box$  Reinstall fire extinguisher(s).
- □ Check the bilge, and pump out if necessary.
- □ Wash mast. Check mast tangs, sheaves, split pins, standing and running rigging, rigging screws etc. Lubricate mast blocks with silicone.
- Check weight of propane tanks; refill if needed. (note: propane tanks should not be stored in a laid-up vessel)
- Pump antifreeze from water tank; flush several times with fresh water. Fill tank, adding one drop of chlorine bleach for every four litres of water.
- □ Wash down decks and cockpit using mild detergent. Wax and polish all deck fibreglass.
- Use fibreglass cleaner to clean dirty marks off hull. Wash outside of hull using mild detergent. Fill any scars in fibreglass hull ; polish smooth. Wax and polish the hull above the waterline.
- Check and remount stanchions and lifelines. Check and tighten bolts on stanchion plates and deck fittings.
- Put anchors in place (make sure rode is attached to the anchor)
- Check sealer around lower rudder hinge, propeller shaft sleeve etc., and renew if necessary. Check castle nut and cotter pin on the propeller shaft. Check lock nuts on rudder hinges (inside transom).
- Pump oil from gearbox and replace with fresh oil.
- □ Clean bottom and rub off loose paint
- Apply bottom paint if required.
- □ Repaint waterline if necessary.
- □ Check lettering on hull and dinghy; repaint if necessary.
- $\Box$  Check that cockpit and sink drains are not plugged.
- Check and repair teak trim as needed. Scrub teak with soap and water and apply teak oil.
- □ Check winches, dismantle and grease if necessary.
- Tighten V belts on the engine. Replace engine oil filter; add fresh oil. Clean engine water intake filter and through-hull screen.

Continued...you are not finished yet!

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### **Spring Pre-Launch Checklist**

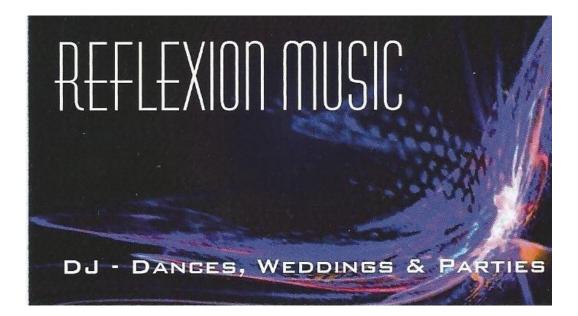
(Be sure to consult your owner's manuals for instructions specific to your boat)

- □ Clean or replace air filter.
- □ Check all hoses for cracks and tightness of clamps.
- Tighten cylinder block drain plug.
- Fit new fuel filter after every 250 running hours.
- □ Bleed fuel lines and water separator.
- $\Box$  Clean the cabin sole (unless carpeted).
- □ Clean windows.
- $\Box$  Re-stock first-aid kit(s).
- Put enough oil on board for a complete oil change.
- □ Clean and grease battery terminals and connect electrical leads.
- Check engine spares—oil filter, fuel filter, impeller, belt, fuel pump etc. Replace as necessary.
- Hook up and check marine radio and antenna.
- Load equipment on board (a separate list of food, drinks and clothing should be prepared).
- Check maintenance and equipment lists, to ensure that all jobs have been completed.
- Close all seacocks and ensure the drain plug is in place.
- □ Secure fenders each side and fit mooring lines at bow and stern.

#### After Launching

- Check hull for leaks as soon as boat is in the water.
- □ Check fresh water pump, and water pump in head, for leaks.
- Step the mast, tighten all lock nuts and put on lock wires.
- Check the engine for loose wires, oil or gas leaks, loose hose clamps, bad water hoses and fan belts etc. and run bilge blower for at least 4 minutes on boats equipped with inboard engines, start engine and let it run for 10 minutes.
- □ Check the depth finder, knotmeter and log while underway to your slip.
- Have a refreshing beverage and enjoy your boat!

Source: CPS Boating Resource



Contact: D.J. Doug Nixon (905) 537-9426



Ask to join FPYC - Fifty Point Yacht Club







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## MARK YOUR CALENDAR! 2016 SOCIAL EVENTS

Launch Day is getting closer & closer, time to start making plans, marking calendars and looking forward to life at the boat for this season! It's going to be a hot summer – so they say, so we've cooked up some fun events again this year that we're sure you're going to want to take part in! Here we go:

Saturday, April 30<sup>th</sup> – Pre-Launch BBQ Saturday, May 28<sup>th</sup> – Sailpast and Blessing of the Boats Saturday, June 4<sup>th</sup> – New FPYC Members Potluck / Wine & Cheese Saturday, June 18<sup>th</sup> – FPYC Summer Solstice BBQ & Dance Saturday, November 12<sup>th</sup> – Commodores Ball

We'll get these events up on the website calendar and each month in Scuttlebutt we'll give details of the next upcoming event(s).

## **Pre-Launch BBQ**

Date: Saturday, April 30<sup>th</sup> Location: D Dock Shelter area Time: 11am – 1pm

What it is: A little nourishment for all of us that have already launched and for those that haven't yet launched and are still busy working on your boats to get them ready! There will be BBQ'd hot dogs, hamburgers, chips, maybe some healthy snacks too... coffee, pop and water.

All free of charge, come and reacquaint yourself with everyone and introduce yourself to new members, etc.



# *Meet your New Executive Jeff Shrubb—Treasurer*

My interest In sailing began with radio control model sailboats, moving into dinghy sailing with Cindy in the early 1990's. From there, I found club racing and learned how it was an exciting way to hone my skills. I started at Fifty Point on Synchronicity a CS30, then moving to RCYC on a Mirage 24 and later to Port Dover Yacht Club on an Express 30.

For years Cindy and I trailer sailed a Siren 17 from the garage, selling it when demand was high with the intention of moving up a few feet. When we finally settled on POGO! a Nonsuch 26 there was no doubt the place to keep it was here at Fifty Point as it has to be one of the best marinas on the lake and the club members have been most welcoming.

Music plays a large part in our lives as Cindy and I look forward to hosting our ever-growing, Third Annual Fifty Point Open Mic Event here at the marina in August, and we would love to see as many members as possible sharing their talents. Even if playing the radio is what you are best at, all are welcome to come and listen.

Cindy, Gibson and I are at the marina most weekends and once or twice on a weekday evenings, and can be found on D14.





Pub nights have finished for the season...but we are open for suggestions for the next season and if you can help us out with a presentation, or have any ideas, please contact a member of the executive!



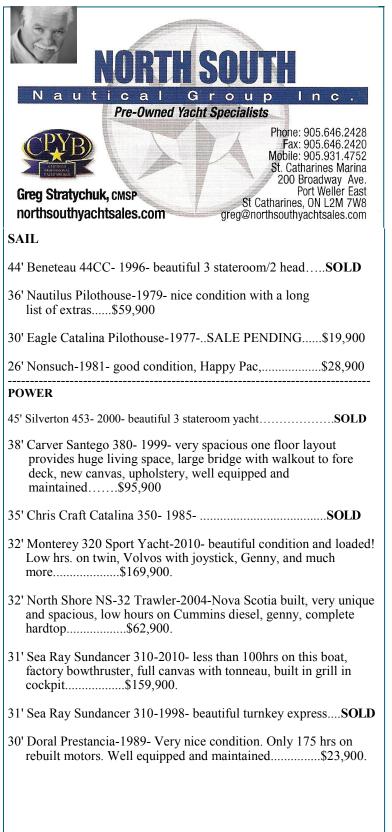


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		Point Yacht Club embership Application		1
Name	(Two members per boat)			Ap E
Address		City		
Postal Code	Phone	Cell		
E-Mail 1		E-Mail 2		
Boat Type: Power □	Sail 🗆	Interested in Sailing fun races and s	ocial BBQs 🗆	
Boat Name:	Dock Assignment			
Boat Make/model		_		
New Member or Non renewal last year (initial burgee included)			\$ 190.00	
Renewal membership early renewal rate (before April 30 <sup>th</sup> )			\$ 165.00	
□ Renewal membership (May 1st and after, allow 3 weeks for processing)			\$ 190.00	
Social Membership			\$ 45.00	
Replacement burgee			\$ 15.00	
Total Amount Enclosed			s	
	•	name, boat name, dock number and contac aper format for members and <u>not</u> published		e distributed to
If you <u>do not want</u>	your informat	ion on this list, please indicate l	here:	
Signed by				

### We Need your Help!!

FPYC needs volunteers to run your club. Please identify an area of activity where you can help and someone will contact you to discuss specific dates and events:

Club Cruise Captain
Social Event
Racing
Officer of the Day
Commodore's Ball

### Thank You!!!

Please send in your completed membership application as soon as possible to the following address: Dead Line for early membership rate April 30, 2016

> Cindy Shrubb 19-1155 Paramount Dr. Stoney Creek, Ontario, L8J 2N3 pogo26@cogeco.ca