



Athlete/Participant Concussion Code of Conduct

In recognition of the potential seriousness of a concussion, I, _____,
commit to following the concussion related protocols and expectations as highlighted below:

- Support a zero tolerance for behaviours that are associated for high risk of causing concussions
- Be open, honest and forthcoming in regards to any situation I have been involved in, within sailing or outside of sailing, where a concussion has been suspected or confirmed.
- Be open, honest and forthcoming in regards to any signs and symptoms related to a concussion that I may be experiencing.
- Respect the roles and responsibilities of coaches in Removal from Sport protocol.
- Should I be diagnosed with a concussion, in sailing or other activities, I agree to follow the Return to Sailing Protocol laid out by Ontario Sailing in conjunction with advice from my medical professionals.

I understand that failure to comply with any of the above may result in actions being pursued, such as, but not limited to:

a) Termination of my participation in any given activity

b) Removal of my right to participate in future related activities.

c) I may be subjected to further discipline by Ontario Sailing, Sail Canada and/or organization.

Signature

Date

For individuals under 18

As parent/guardian of the above participant under 18 years of age:

I, _____, have read and understand the Ontario Sailing's Concussion Code of Conduct and agree to ensure my child follows the above code and to actively support my child through appropriate concussion protocols if the situation does arise.

Signature

Date